

Service and Creating Positive Change Explained

Key Concepts

What is positive change and why is it important in a constitutional democracy?

- **Positive change** is working towards making an impact for the betterment of others. It doesn't always require big ideas. Small steps and interactions can also lead to positive impact.
- **Service** creates positive change because individuals work towards bettering their communities and the lives of others. Acts of service are most effective when they are done selflessly.



Reflection Activity

Brainstorm three projects you can complete to help spark positive change in your communities (i.e. school, neighborhood, town, etc.) Write down the project, who it helps, and how it will create positive change.

Project Idea	Who does it help?	How does it create positive change?

Write about someone that has brought about positive change in your life. Maybe it's a teacher who inspires you or a trusted adult who empowers you when you are feeling down. Who is someone who has made a positive impact on your life and how did they do it?

Extension Activity

Explore the [Untold Stories](https://i.civics.org/changemakers/) (https://i.civics.org/changemakers/) video series to learn more about Barbara Johns, the Shelleys, and Autherine Lucy — all individuals who know what it means to create positive change. Share with a friend something you found inspiring from one of their stories.